

CHRISTIANS AGAINST SUBSTANCE ABUSE

Christians Against Substance

Abuse (CASA), is a fellowship of individuals who boldly call upon God and look into His Book for the right steps to take in order to find freedom from alcohol and other chemical dependencies.

The **CASA** support group is similar to other 12 Step support groups, however **CASA** is clearly focused on God, His power, Prayer, and the wisdom of His word—and it adds a 13th Step to encourage growth toward behavioral maturity.

CASA is for those whose physical and emotional state does not prevent their full participation in the group discussions.

CASA is for people who desire to live a chemical free life, and are looking for an environment that supports recovery efforts.

Puyallup church office: 253-845-6312

THE CASA CURRICULUM

This course consists of four “units” comprising a total of 13 lessons. The unit and lesson titles are:

Unit I: *Starting Off Right*

Lesson 1 “Out of Gas”

Lesson 2 “Shielded by God”

Lesson 3 “Surrender”

Unit II: *Finding Peace with God*

Lesson 4 “Inventory”

Lesson 5 “Good for the Soul”

Lesson 6 “Sick and Tired”

Lesson 7 “Sin Removal”

Unit III: *Making Peace with Men*

Lesson 8 “Pre-Amends Making”

Lesson 9 “Making Things Right”

Lesson 10 “Keeping On—Keeping On”

Unit IV: *Going On to Perfection*

Lesson 11 “Increasing Contact”

Lesson 12 “Passing It On”

Lesson 13 “Going On to Maturity”

CASA Support Group Meets:

Status: **Currently meeting**

Day: **Saturdays**

Time: 9:00-10:00 AM

Location: Puyallup church of Christ
408 5th Street SW
Puyallup, WA 98371

Call: 253-845-6312

Facilitator: Val Blinkov & Doug Sears

